



Islam Solution

Get Answer From Quran & sunnah

Sex Related Things

IN THE LIGHT OF

QURAN AND SUNNAH

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Gusul

Gusul is meant to purify ones body from sexual impurity & is obligatory on the believing men and women for offering the prayers. A believer who is in the sexual impurity can not pray or touch the Quran. As Allah says in the Quran:

O ye who believe! When ye prepare for prayer wash your faces and your hands (and arms) to the elbows; rub your heads (with water); and (wash) your feet to the ankles. If ye are in a state of 'janaba' (sexual impurity) bathe your whole body. But if ye are ill or on a journey, or one of you cometh from offices of nature, or ye have been in (sexual) contact with women, and ye find no water then take for yourselves clean sand or earth and rub therewith your faces and hands. Allah doth not wish to place you in a difficulty but to make you clean and to complete His favor to you that ye may be grateful *QURAN[5:6]*

Thus it is obligatory for a believer to perform 'Gusul' or full bath. However if one finds no water to clean himself, Allah has permitted him to perform 'tayamum' to clean himself and become available for the prayers.

Steps for Performing Gusul:

- 1. Wash both hands three times.**
- 2. Wash the private parts.**
- 3. make a complete ablution (like the one for prayers I.e rinsed his mouth, washed his nose by putting water in it and blowing it out, washed his face and both forearms) but delaying the washing of feet till the end of the Gusul.**
- 4. Washing the head three times and letting the water to reach the roots of hairs.**
- 5. Pouring water over the whole body beginning from the right side & then left side. It should be remembered that the whole body parts**

should become wet, including inside of ears, inside the navel, arm pits, inside the toes(with short nails).

6. Then withdraw your feet from that place (place where you take the bath) and then wash them.

The prophet Mohammad (pbuh) said:

Narrated 'Aisha:

Whenever the Prophet took a bath after Janaba he started by washing his hands and then performed ablution like that for the prayer. After that he would put his fingers in water and move the roots of his hair with them, and then pour three handfuls of water over his head and then pour water all over his body. *SAHIH AL-BUKHARI [Volume 1, Book 5, Number 248]*

Narrated Maimuna:

(the wife of the Prophet) Allah's Apostle performed ablution like that for the prayer but did not wash his feet. He washed off the discharge from his private parts and then poured water over his body. He withdrew his feet from that place (the place where he took the bath) and then washed them. And that was his way of taking the bath of Janaba. *SAHIH AL-BUKHARI [Volume 1, Book 5, Number 249]*

Narrated Jubair bin Mutim:

Allah's Apostle said, "As for me, I pour water three times on my head." And he pointed with both his hands. *SAHIH AL-BUKHARI [Volume 1, Book 5, Number 254]*

Narrated Maimuna:

I placed water for the bath of the Prophet. He washed his hands twice or thrice and then poured water on his left hand and washed his private parts. He rubbed his hands over the earth (and cleaned them), rinsed his mouth, washed his nose by putting water in it and blowing it out, washed his face and both forearms and then poured water over his body. Then he withdrew from that place and washed his feet. *Sahih al-bukhari [Volume 1, Book 5, Number 257]*

After completing the Gusul you become clean, and the prophet Mohammad (pbuh) did not use any cloth (towel) to dry his body, but he shook it off (i. e. he shake his body) as mentioned in the narrations below:

Ibn Abbas narrated It on the authority of Maimuna that the Apostle of Allah (may peace be upon him) was given a towel, but he did not rub (his body) with it, but he did like this with water, i. e. he shook it off. *SAHIH MUSLIM[Book 3 : Hadith 622]*

Narrated Maimuna:

I placed water for the bath of the Prophet and he poured water with his right hand on his left and washed them. Then he washed his private parts and rubbed his hands on the ground, washed them with water, rinsed his mouth and washed his nose by putting water in it and blowing it out, washed his face and poured water on his head. He withdrew from that place and washed his feet. A piece of cloth (towel) was given to him but he did not use it. *SAHIH AL-BUKHARI[Book 1 : Volume 5 : Hadith 259]*

➤ Can one sleep in junub?

If a believer is in junub during the night then he can continue to sleep by only performing ablution. Then he can perform the Gusul before the Morning Prayer as narrated:

Narrated Abu Salama :

I asked 'Aisha "Did the Prophet use to sleep while he was Junub?" She replied, "Yes, but he used to perform ablution (before going to bed). SAHIH AL-BUKHARI[Volume 1, Book 5, Number 284]

➤ Can a person with impurity touch the Quran?

Believers, who are not clean due to sexual impurity or other, are not allowed to touch the glorious Quran, till they are not clean as Allah says in the Quran:

**“That this is indeed a quran Most Honourable,
In a Book well-guarded,
Which none shall touch but those who are clean:” QURAN
[56:77, 78, 79]**

➤ Can husband approach his wife for sexual intercourse during her (menstrual) periods?

Allah has forbidden the believing men not to approach their women's for sexual intercourse when they are in periods as it is a harmful thing for a husband to have sexual intercourse with his wife while she is in menses.

They ask thee concerning women's courses. Say: They are a hurt and a pollution: So keep away from women in their courses, and do not approach them until they are clean.

But when they have purified themselves, ye may approach them in any manner, time, or place ordained for you by Allah. For Allah loves those who turn to Him constantly and He loves those who keep themselves pure and clean.

[QURAN\[2:222\]](#)

The Prophet said:

Do anything you wish except having sexual intercourse. *[SAHIH MUSLIM\[Muslim :: Book 3 : Hadith 592\]](#)*

Thus a believing man can enjoy anything with his wife except the sexual intercourse; the man can perform the sexual intercourse with her wife only when she takes bath after periods.

The prophet Mohammad (pbuh) used to fondle with his wives during the periods as mentioned in this narration:

Narrated Maimuna:

When ever Allah's Apostle wanted to fondle any of his wives during the periods (menses), he used to ask her to wear an Izar. *[SAHIH AL-BUKHARI \[Volume 1, Book 6, Number 300\]](#)*

This is why most of the scholars said that it is allowed to fondle the wife, except for having sexual intercourse (when she is having her menses).

The scholars also agree that the woman is obliged to take a bath, or to perform Tayammum with sand, if she is unable to use water, before she is allowed to have sexual intercourse with her husband, after the monthly period ends.

➤ When Gusul becomes obligatory (necessary)?

Allah says in the Quran:

.....If ye are in a state of 'ceremonial impurity' or 'sexual impurity' bathe your whole body. *QURAN[5:6]*

The acts which make Gusul obligatory and constitute 'ceremonial impurity' or 'sexual impurity' are:

1. having Full sexual intercourse with wife.
2. Full release of sexual emission (wet dreams, orgasm).
3. If the male private organ (so much so as even) touches the female private organ.
4. Post menstruation (for women).

➤ What is forbidden in sex with wife?

1. It is strictly prohibited to have sexual intercourse with one's wife during her period of menstruation.
2. It is strictly prohibited to enter the woman through her anus.
3. 'oral' sex, whereby one touches the other's private organs with their mouth.

➤ Anal Sex

It is strictly prohibited in Islam to enter the wife through her anus; Prophet Mohammad (pbuh) strongly prohibited the believing men not to have sexual intercourse with wife through her anus. Those who does are under curse and has nothing to do with what has been sent down to Muhammad (pbuh). This is mentioned in the narrations below:

Narrated by Abdullah ibn Abbas
Allah's Messenger (peace be upon him) received the revelation, "Your wives are a tilth to you, so come to your tilth.....", that means from in front or behind, but avoid the anus and intercourse during menstruation.

Al-Tirmidhi [Hadith: 3191]

Narrated by Khuzaymah ibn Thabit
The Prophet (peace be upon him) said, "Allah is not ashamed of the truth. Do not have intercourse with women through the anus." *Al-Tirmidhi [Hadith: 3192]*

Narrated by Abdullah ibn Abbas
Allah's Messenger (peace be upon him) said, "Allah will not look at a man who has intercourse with a man or a woman through the anus." *Al-Tirmidhi [Hadith: 3195]*

Narrated Abu Hurayrah:

The Prophet (peace_be_upon_him) said: He who has intercourse with his wife through her anus is accursed. *Abu-Dawud [Book 11 : Hadith 2157]*

Narrated AbuHurayrah:

The Prophet (peace_be_upon_him) said: If anyone resorts to a diviner and believes in what he says (according) to the version of Musa), or has intercourse with his wife (according to the agreed version) when she is menstruating, or has intercourse with his wife through her anus, he has nothing to do with what has been sent down to Muhammad (peace_be_upon_him) *Abu-Dawud [Book 29 : Hadith 3895]*

➤ **What to recite during intercourse with wife?**

When the husband approaches the wife for sexual intercourse, he should recite the “*Bismillah. Allah humma jannib nas-Shaytaan wa jannib nas-Shaytaana feema razaktana*’ (In the name of Allah. O Allah! Protect us from the Shaytaan and prevent the Shaytaan from approaching our offspring you (may) bestow upon us)” this is reported in the Hadith below:

Narrated by Ibn Abbas:

The Prophet (saws) said, "If anyone of you, when having sexual relation with his wife, says: 'Bismillah. Allah humma jannib nas-Shaytaan wa jannib nas-Shaytaana feema razaktana' (In the name of Allah. O Allah! Protect us from the Shaytaan and prevent the Shaytaan from approaching our offspring You (may) bestow upon us) and if he begets a child (as a result of that relation) Shaytaan will not (be able to) harm it." SAHIH AL-BUKHARI[Volume 4, Book 54, Number 493]

عَنْ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ: (أَمَا إِنْ أَحَدَكُمْ إِذَا أَتَى أَهْلَهُ، وَقَالَ: بِسْمِ اللَّهِ، اللَّهُمَّ جَنِّبْنَا الشَّيْطَانَ وَجَنِّبِ الشَّيْطَانَ مَا رَزَقْتَنَا، فَرَزَقْنَا وَلَدًا لَمْ يَضُرَّهُ الشَّيْطَانُ).

By Reciting The Above, Shatan Will Not Be Able To Cause Any Harm To The Husband & Wife Or The Child.